Pricing Options

Cryosense

1 Session ... $55

Freeze Start Special ... *3 Sessions ... ~~$165~~ $99
One time offer only

Recovery ... *3 Sessions ... ~~$165~~ $145

Endurance ... *5 Sessions ... ~~$275~~ $235

Peak Performance ... Limited Monthly ... $360
Limit 1 session **every other** day ... **$300 Savings**

NovoTHOR

1 Session ... $75

Beginners Special ... *3 Sessions ... ~~$225~~ $150
One time offer only

Management ... *3 Sessions ... ~~$225~~ $195

Wellness ... *5 Sessions ... ~~$375~~ $320

Vitality ... Limited Monthly ... $450
Limit 1 session **every other** day ... **$450 Savings**

HaloTherapy

1 Session ... $35

Halo Special ... *3 Sessions ... ~~$105~~ $75
One time offer only

Natural ... *3 Sessions ... ~~$105~~ $90

Expand ... *5 Sessions ... ~~$175~~ $150

Breathe ... Limited Monthly ... $300
Limit 1 session **every other** day ... **$120 Savings**

Combinations

Fire & Ice Combo ... Limited Monthly ... $550
Limit 1 NovoTHOR and 1 Cryo session **back-to-back every other day** (Maximum 12 sessions per month)
$1,010 Savings

Life/Refresh/Renew ... Limited Monthly ... $700
Limit all 3 sessions **back-to-back every other day** (Maximum 12 sessions per month)
$1,775 Savings

**Package sessions expire in 90 days*

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Mile High Recovery

WHOLE BODY THERAPY

NON TOXIC
NON-INVASIVE

FEATURING:

Cryosense cold air sessions,
NovoTHOR near-infrared light and
HaloTherapy dry salt exposure, for
whole body healing

Benefits of Cryotherapy

Improved Sleep
Boosted Energy
Boosted Collagen Production
Pain Relief
Quicker Recovery Time
Increased Muscle Stamina
Reduction in Skin Blemishes

Whole Body Cryotherapy can help reduce chronic medical conditions such as Osteoarthritis, Fibromyalgia, Rheumatoid Arthritis, Multiple Sclerosis, Auto-immune deficiencies & disorders, Psoriasis, Dermatitis, Osteoporosis, Ankylosing Spondylitis, Osgood-schlatter's Disease, etc. The effects of Whole Body Cryotherapy on psychological, mood and mental state have also been very positive.

Athletic/Training Recovery - Our goal as athletes is to maximize our abilities on the playing surface, wherever that playing surface may be located. Muscle soreness and injury can be detrimental obstacles that could keep an athlete sidelined, off the playing field and away from reaching their goals. Introducing Whole Body Cryotherapy to your training regimen can help keep your body in peak physical shape and give you the edge on your opponents.

Beauty - Whole Body Cryotherapy treatment can trigger receptors deep within your skin telling the body to increase production of collagen. This increased production of collagen will leave your skin feeling smooth, firm and tight. Whole Body Cryotherapy can also decrease the appearance of cellulite, varicose & spider veins.

PBM Therapy works at the cellular level, stimulating repair and normalizing cell function. Many therapies only address symptoms, without addressing the source. With that said, chronic degenerative changes often cannot be "healed", instead they must be managed. PBM Therapy is a safe and effective way to manage pain and inflammation.

Improved Performance & Recovery
More intense and higher volume training • Improved Muscle Strength • Reduced Post Exercise Soreness • Decreased Injury Recovery Time • Faster return to sports training

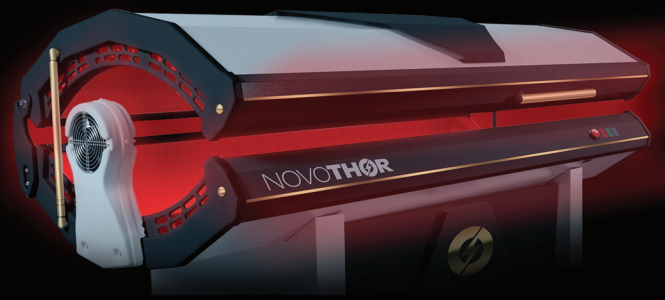
Improved Pain Management
Non-Invasive • Side Effect Free • Increased Range of Motion • Decreased Pain • Muscles, Nerves, Tendons, Joints

Non-Medical Interventions for Pain Management in Musculoskeletal Conditions
Arthritis • Neuropathies • Tendinopathies

Non-Medical Interventions for Syndrome Conditions
Fibromyalgia • Chronic Fatigue • Lupus Rheumatoid Arthritis • Psoriatic Arthritis Lymphedema

NovoTHOR Advantages

Decreased Inflammation
Improved Lymph Draining
Improved Blood Circulation
Increased Energy
Overall faster return to wellness



Halotherapy Helps with ...

Acne • Allergies • Asthma • Bronchitis • Bronchial Infections • Chronic ENT illnesses • COPD • Cold/Flu • Cystic Fibrosis • Dermatitis Depression • Ear Infections • Eczema • Emphysema • Psoriasis • Pneumonia • Rhinitis • Sinus Infections • Sinusitis • Smoker's Cough • Snoring • Stress and Fatigue • Wheezing

Respiratory...
Anti-Microbial, Anti Bacterial, Anti-Viral
• Helps to draw the impurities out of the airway, both upper and lower,
• Stimulates the body's internal processing for cleansing & removing build-up of foreign particles
• Anti-inflammatory
• Opens bronchial tubes in lungs, reduces inflammation in the sinuses.
• Strengthens respiratory function
• Breaks up and clears moisture & mucus

Skin...
• Naturally triggers skin microcirculation & membrane activity
• Enhances skin's protective and reparative properties
• Kills anything on skin, anti-microbial
• Helps with inflammation of the skin, anti-inflammatory

Athletes...
Enhances Athletic Performances
• Research suggest 1 in 3 athletes experience EIB/EIA
• Expands the airway for increased lung-function
• Increased lung capacity & oxygenation
• Increase oxygen saturation and exchange
• Helps with muscle endurance and recovery